

### Program Guidelines

- If you, or anyone in your household, is not feeling well, please stay home! Credits will be issued if needed. Otherwise we are trusting all of us to keep each other healthy!
- Please do not bring any outside snacks or food to our programs; especially with the intention to share. There are dietary restrictions and other factors that need to be considered when it comes to food.
- TRS staff are only responsible for any participants during program hours. We are not responsible for the care or supervision of anyone arriving early or picked-up late.
- Rides need to be scheduled for pick-up BY the scheduled end time of each program! If rides are scheduled later, please find an alternate means of transportation. If Paratransit is your transportation, please schedule your ride 15 minutes before the scheduled end time due to their pick-up “window”.



#### **Board of Supervisors**

Phil Serna, District 1  
Patrick Kennedy, District 2  
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**FREE MATTER FOR  
THE BLIND AND  
PHYSICALLY DISABLED**

County of Sacramento  
Therapeutic Recreation Services  
5325 Engle Rd. #810  
Carmichael, CA 95608



RETURN SERVICE REQUESTED



# TRS 2025 May and JUNE *In-person programs*

Programs designed for individuals with disabilities ages 14 & up.

**Check out the programs that TRS is offering during May and June 2025.**

**Please see inside to see the fun programs we have planned!**

County of Sacramento  
Department of Regional Parks  
**Therapeutic Recreation Services**  
5325 Engle Rd. #810, Carm. 95608  
916/484-2044

[TRS@SacCounty.gov](mailto:TRS@SacCounty.gov)  
[www.regionalparks.sacounty.gov](http://www.regionalparks.sacounty.gov)

**Registration information**  
**for all programs:**

- There is **no day-of** registration for any in-person programs. Do not wait until the last minute to sign-up; most programs fill up quickly!
- Please note that while we welcome all interested participants, we reserve the right to limit or refuse registration for programs at our discretion. This policy helps ensure that our programs maintain their quality and meet the needs of all participants. If for any reason your registration is not accepted, we will provide further details or alternatives when applicable.



**Send payment & completed registration form to:**

TRS, 5325 Engle Rd. #810, Carm., CA 95608  
Per Sacramento County, there will be a \$53 fee for all returned checks.

Payment can also be made over the phone with a credit card during office hours:  
Tues & Wed: 9am - 1pm; Thurs & Fri: 9am - 4pm



To register for TRS programs, please **completely** fill out this form and turn in along with your payment. Please provide your best **email** and **phone number**. It is important to have the right contact information for program reminders and updates!

Name(s)\_\_\_\_\_ Age\_\_\_\_ M/F # Attending\_\_\_\_  
If you need more room to list full names (no initials please), attach a separate piece of paper.  
Care Home/Facility (if applicable)\_\_\_\_\_ E-mail\_\_\_\_\_  
Address\_\_\_\_\_ City\_\_\_\_\_ Zip\_\_\_\_\_  
Best contact # \_\_\_\_\_ Emergency #\_\_\_\_\_  
Special Needs (wheelchair, meds, dietary, etc.)\_\_\_\_\_

If you are interested in applying for a Pathways scholarship, please write "SCH" by the program you are interested in & check here: ☐ We will send you an application.

**In-Person Programs**

**May**

1. _____ Sunset Safari:	May 19	\$65x	# _____	= \$ _____
2. _____ Sac Laser Tag:	Wednesday, May 21	\$45x	# _____	= \$ _____
3. _____ Lilo & Stitch:	Sunday, May 25	\$20x	# _____	= \$ _____
4. _____ River Cats:	Tuesday, May 27	\$35x	# _____	= \$ _____


**June**

1. _____ Bunco:	Thursday, June 12	\$20x	# _____	= \$ _____
2. _____ Downtown Dinner Walk	Thursday, June 19	\$10x	# _____	= \$ _____
3. _____ Reno Rodeo:	Sun-Mon, June 22-23	\$200x	# _____	= \$ _____
4. _____ Rockin' Mini Golf:	Wednesday, June 25	\$20x	# _____	= \$ _____

**TOTAL AMOUNT ENCLOSED: \$ \_\_\_\_\_**

Please note that while we welcome all interested participants, we reserve the right to limit or refuse registration for programs at our discretion. This policy helps ensure that our programs maintain their quality and meet the needs of all participants. If for any reason your registration is not accepted, we will provide further details or alternatives when applicable.

May In-person Programs:	Date:	Cost:	Where:	Time:
<b>Sunset Safari @ the Sac Zoo</b> As the sun begins to set and dusk settles in, many of the zoo animals become more active! Join us on a Sunset Safari to witness interesting animal behaviors while going on a guided tour throughout the zoo and special behind-the-scenes areas! We will meet early for a “happy half-hour” snack at the gate.	May 19	\$65 <b>Limit:30</b> *cost includes snacks	<b>Sacramento Zoo</b> 3930 W. Land Park Dr. Sacramento, 95822	<b>Drop-off:</b> 4:00pm <b>Pick-up:</b> 7:30pm
<b>Sac Laser Tag</b> Join TRS at a new laser tag location that includes a laser maze and gliding bumper cars! We will enjoy a delicious pizza dinner before getting into some friendly competition.	Wednesday, May 21	\$45 <b>Limit:25</b> *cost includes dinner	<b>Sac Laser Tag</b> 9823 Old Winery Pl. Sacramento, 95827 (off of Bradshaw & Hwy 50)	<b>Drop-off:</b> 6:00pm <b>Pick-up:</b> 8:30pm
<b>Lilo &amp; Stitch</b> Let’s check out the new live-action <i>Lilo and Stitch!</i> The story of a young girl named Lilo and her adventures with her new “dog” Stitch! We can snack on movie treats during the movie, and then we will head to lunch afterwards. We will pre-order lunch options from the Flaming Grill— lunch price TBD during the week of the program.	Sunday, May 25	\$20 <b>Limit:25</b> *cash needed for lunch and snacks	<b>Country Club Cinemas (Inside Country Club Plaza)</b> 2405 Butano Dr. Sacramento, 95825	<b>Times:</b> TBD
<b>River Cats Game</b> Let’s go see our local Sacramento team take the field against the El Paso Chihuahuas! It is \$2 hot dog and ice cream night at Sutter Health Park. We will enjoy the game together and call rides during the 7th inning to give a pick-up time.	Tuesday, May 27	\$35 <b>Limit: 25</b> *Sutter Health Park is a cash-less facility	<b>Sutter Health Park</b> 400 Ballpark Dr. West Sacramento, CA 95691	<b>Drop-off:</b> 6:15pm <b>Pick-up:</b> TBD

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**PROGRAM NOTES:**
- Please give yourself ample time to arrive at programs. If you are late, we CANNOT wait more than 10 minutes as we have prompt schedules for all programs. Thank you!
  - When signing up, please provide contact information that can be used in case there are any last minute changes. We ask to please check and respond to emails that are sent leading up to programs relating to time, location, or cancellations. If you cannot attend a program, please call **916.484.2044** at least one day prior to the scheduled event.
  - No-shows will not receive a credit and will be tracked. Repetitive no shows will not be permitted to sign up for programs with limited space.
  - In general, TRS programs are designed for participants who are able to function in a 1:6 staff-to-participant ratio. Attendants may be able to be accommodated.
  - **Programs listed here will not be on any other upcoming flyers, so sign up today for the program(s) of your choice!**

You must register for programs 2 days in advance. There is no day-of registration for ANY in-person programs.



## June In-person Programs:

Date:

Cost:

Where:

Time:

### **Bunco Night**

Who's ready to play our favorite dice game?! Come roll the dice and try to make it to the head table! We will play as many rounds as we can, and enjoy delicious pizza for dinner.

\*Please note: we no longer give prizes away during bunco. We play to have fun and socialize with friends!



Thursday,  
June 12

\$20

\*Cost includes  
a pizza dinner

Gibbons Comm. Center

4701 Gibbons Dr.  
Carmichael, 95608



Drop-off:

6:00pm

Pick-up:

8:00pm

### **Downtown Dinner and Walkabout**

Join us for a lovely summer evening stroll in Sacramento! We will meet at Shake Shack to grab some dinner and walk to the park to enjoy a picnic. After dinner, we will walk back and grab some ice cream to end the night!



Thursday,  
June 19

\$10

Limit:20

\*Bring at least  
\$25 for dinner  
& dessert

Shake Shack -Ice Blocks

1710 R Street #190  
Sacramento, 95811



Drop-off:

6:00pm

Pick-up:

8:30pm

### **Reno Rodeo—**

Want to jump out of Sacramento and into the Wild West? TRS will be heading overnight to Reno to see the Rodeo! Cost includes the rodeo ticket, hotel with double occupancy for the night, and staff support. Participants will need to bring money for 2 meals and snacks.

Sun—Mon,  
June  
22—23

\$200

Limit:18



La Sierra Community  
Center—Parking Lot

5325 Engle Rd.  
Carmichael, 95608



Drop-off:

1:00pm

Sun June 22

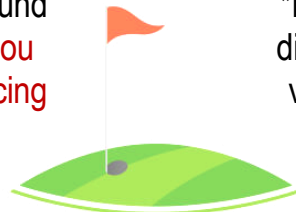
Pick-up:

12pm

Mon Jun 23

### **Rockin' Mini Golf—**

Who's ready to PAR-TEE?! Join us for some delicious dinner at Rock & Brews followed by a friendly round of mini golf! **We will be pre-ordering dinner and ask that you bring cash to pay for it. We will reach with options and pricing to get your order as we get closer to the program.**



Wednesday,  
June 25

\$20

Limit:40

\*Bring cash for  
dinner, cost will  
vary, average  
will be \$25

Rock & Brews

1600 Exposition Blvd  
Sacramento, 95815



Drop-off:

6:00pm

Pick-up:

8:30pm

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